

## 单词

## 方法总结

## 段落分析

## 解题思路

## 同义替换

## 逻辑提示词 (时间、转折、感情色彩)

## 真题链接

## 2007Text4

先题后文，只看题干，不看选项，预测文章主题

21. Which of the following is true according to the first two paragraphs?

- [A] Women are biologically more vulnerable to stress.  
[B] Women are still suffering much stress caused by men.  
[C] Women are more experienced than men in coping with stress.  
[D] Men and women show different inclinations when faced with stress.

如果选项中都包含了的信息，就是正确的。在题干中反复强调的信息，也是文章的重要信息。

22. Dr. Yehuda's research suggests that women .

- [A] need extra doses of chemicals to handle stress  
[B] have limited capacity for tolerating stress  
[C] are more capable of avoiding stress  
[D] are exposed to more stress

23. According to Paragraph 4, the stress women confront tends to be .

24. The sentence "I lived from paycheck to paycheck." (Line 5, Para. 5) shows that .

25. Which of the following would be the best title for the text?

- [A] Strain of Stress: No Way Out?  
[B] Response to Stress: Gender Difference  
[C] Stress Analysis: What Chemicals Say?  
[D] Gender Inequality: Women Under Stress

中心主旨题：中心词法，直接选D  
技巧是用来辅助做题的，读完文章以后再用技巧来筛选



- Be susceptible to= be vulnerable to  
容易受到.....的影响，尤指伤害

## 第一段

While still catching up to men in some spheres of modern life, women appear to be way ahead in at least one undesirable category. "Women are particularly susceptible to developing depression and anxiety disorders in response to stress compared to men," according to Dr. Yehuda, chief psychiatrist at New York's Veteran's Administration Hospital.

第一段：提出现象，女性压力大

一二段之间的逻辑：相同，因果关系

## 第二段

Studies of both animals and humans have shown that sex hormones somehow affect the stress response, causing females under stress to produce more of the trigger chemicals than do males under the same conditions. In several of the studies, when stressed-out female rats had their ovaries (the female reproductive organs) removed, their chemical responses became equal to those of the males.

第二段：解释原因，为什么女性压力大

A: 概括一二段的内容，  
stress概括了第一段内容  
biologically概括了第二段中的  
荷尔蒙、化学物质、生殖器官

21. Which of the following is true according to the first two paragraphs?

- [A] Women are biologically more vulnerable to stress.✓  
[B] Women are still suffering much stress caused by men. 未提及  
[C] Women are more experienced than men in coping with stress.未提及  
[D] Men and women show different inclinations when faced with stress.未提及

### 第三段

① Adding to a woman's increased dose of stress chemicals, are her increased "opportunities" for stress. ② "It's not necessarily that women don't cope as well. It's just that they have so much more to cope with," says Dr. Yehuda. "Their capacity for tolerating stress may even be greater than men's," she observes, "it's just that they're dealing with so many more things that they become worn out from it more visibly and sooner."

科学研究：过程不重要，关注结论  
第一句：倒装句，主谓宾→宾谓主  
第二句：双重否定，把否定词全部去掉，女性处理压力还是不错的。

### 22. Dr. Yehuda's research suggests that women .

- ♥ [A] need extra doses of chemicals to handle stress ×拼凑信息 chemical在第二段提到，女性在面对压力时会分泌  
[B] have limited capacity for tolerating stress ×greater 方向相反 chemical，不一定是用来处理压力的  
[C] are more capable of avoiding stress ×avoiding没提到  
[D] are exposed to more stress ✓ 反复强调的内容

### 第四段

Dr. Yehuda notes another difference between the sexes. "I think that the kinds of things that women are exposed to tend to be in more of a chronic or repeated nature. Men go to war and are exposed to combat stress. Men are exposed to more acts of random physical violence. The kinds of interpersonal violence that women are exposed to tend to be in domestic situations, by, unfortunately, parents or other family members, and they tend not to be one-shot deals. The wear-and-tear that comes from these longer relationships can be quite devastating."



Chronic 慢性的、长期的 考词汇，选和  
Domestic 国内的、家庭的 chronic和  
repeated相同  
含义的选项

### 23. According to Paragraph 4, the stress women confront tends to be .

- [A] domestic and temporary ×temporary和chronic相反  
[B] irregular and violent ×violent是男性  
[C] durable and frequent ✓ ①chronic or repeated ②not to be one-shot deals  
[D] trivial and random ×random是形容男性的violence

### 第五段

Adeline Alvarez married at 18 and gave birth to a son, but was determined to finish college. "I struggled a lot to get the college degree. I was living in so much frustration that that was my escape, to go to school, and get ahead and do better." Later, her marriage ended and she became a single mother. "It's the hardest thing to take care of a teenager, have a job, pay the rent, pay the car payment, and pay the debt. I lived from paycheck to paycheck."

猜词题干扰选项是字面意思

### 24. The sentence "I lived from paycheck to paycheck." (Line 5, Para. 5) shows that .

- [A] Alvarez cared about nothing but making money 字面意思  
[B] Alvarez's salary barely covered her household expenses ✓barely表否定 和hardest同义替换  
[C] Alvarez got paychecks from different jobs 字面意思  
[D] Alvarez paid practically everything by check 字面意思

### 第六段

Not everyone experiences the kinds of severe chronic stresses Alvarez describes. But most women today are coping with a lot of obligations with

中心思想题：

1.标志：mainly about/discuss,

### 中心思想题:

1.标志: mainly about/discuss, the best title

### 2.方法

- ①. 串线法: 串联各段首末句, 注意转折处
- ②. 中心句: 问题开头的提问, 对它的回答; 独句段
- ③. 中心词: 反复重复的词及其同义改写

3.排除干扰选项: 回头作文

### 第六段

Not everyone experiences the kinds of severe chronic stresses Alvarez describes. But most women today are coping with a lot of obligations, with few breaks, and feeling the strain. Alvarez' s experience demonstrates the importance of finding ways to diffuse stress before it threatens your health and your ability to function.

**25. Which of the following would be the best title for the text?**

[A] Strain of Stress: No Way Out?

[B] Response to Stress: Gender Difference

[C] Stress Analysis: What Chemicals Say?

[D] Gender Inequality: Women Under Stress ×串联各段首末句



### 本文总结

1.如果选项中都包含了的信息, 就是正确的。在题干中反复强调的信息, 也是文章的重要信息。women、stress

2.Be susceptible to= be vulnerable to 容易受到.....的影响, 尤指伤害

3.处理倒装句和双重否定

4.中心思想题排除干扰选项: 排除干扰选项: 回头作文